

First Nations in Canada Health and Wellness Indicators, Quick Stats, 2023 Edition				
Indicator Group	Indicator Measure(s)	Latest Data	Data source	Data Year
Demographics				
Population	Population with status under the <i>Indian Act</i> ¹ living on-reserve	521,360	CIRNAC/ISC, Indian Register unadjusted counts	2022
	Population with status under the <i>Indian Act</i> ¹ living off-reserve	541,670	CIRNAC/ISC, Indian Register unadjusted counts	2022
	% of population with status under the <i>Indian Act</i> ¹ living on-reserve under the age of 25	41%	CIRNAC/ISC, Indian Register unadjusted counts	2022
Vital statistics	Total fertility rate, First Nations females with status (living on and off-reserve)	2.7 children	StatCan, Projections of Aboriginal Population and Households	2011
	Life expectancy at birth (projected), First Nations people (status and non-status, living on and off-reserve), both sexes	77.9 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations males (status and non-status, living on and off-reserve)	76.4 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations females (status and non-status, living on and off-reserve)	79.3 years	StatCan, Projections of Aboriginal Population and Households	2017
	Infant (less than one year of age) mortality rate, First Nations people (status and non-status, living on and off-reserve), both sexes	9.2 per 1,000 live births	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Health status and outcomes				
Health status	% reporting excellent or very good health, First Nations people aged 18 and over living on-reserve	37.8%	FNIGC, RHS	2015-2016
	% of First Nations infants less than one year of age (living on and off-reserve) born small for gestational age	5.8%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
	% of First Nations infants less than one year of age (living on and off-reserve) born large for gestational age	20.9%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Oral health	Average number of decayed, missing and filled teeth, First Nations people aged 3-5 years living on-reserve	7.6	FNIGC, First Nations Oral Health Survey	2009-2010
	Average number of decayed, missing and filled teeth, First Nations people aged 6-11 years living on-reserve	6.6	FNIGC, First Nations Oral Health Survey	2009-2010
	Average number of decayed, missing and filled teeth, First Nations people aged 12-19 years living on-reserve	6.2	FNIGC, First Nations Oral Health Survey	2009-2010
	Average number of decayed, missing and filled teeth, First Nations people aged 20 years and over living on-reserve	13.7	FNIGC, First Nations Oral Health Survey	2009-2010
Infectious disease	Rate of tuberculosis, First Nations people with status living on-reserve	17.3 per 100,000 population (3 yr. average)	PHAC, CTBRS	2018-2020
	Rate of newly reported cases of HIV among First Nations people living on and off-reserve	13.1 per 100,000 population (3 yr. average)	PHAC, Canadian HIV/AIDS Reporting System	2018-2020
Chronic disease	% reporting having been diagnosed with heart disease, First Nations people aged 18 and over living on-reserve	4.2%	FNIGC, RHS	2015-2016
	% reporting having been diagnosed with the effects of stroke, First Nations people aged 18 and over living on-reserve	1.4%	FNIGC, RHS	2015-2016
	% reporting having been diagnosed with high blood pressure, First Nations people aged 18 and over living on-reserve	17.2%	FNIGC, RHS	2015-2016
	Hospitalization rate for circulatory disease, First Nations people living on-reserve (excluding Quebec)	1,060 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
	% reporting having been diagnosed with type 2 diabetes, First Nations people aged 18 and over living on-reserve	14.6%	FNIGC, RHS	2015-2016
Injury	Hospitalization rate for type 2 diabetes, First Nations people living on-reserve (excluding Quebec)	379 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
	Hospitalization rate for unintentional injury, First Nations people living on-reserve (excluding Quebec)	847 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
Mental health	Hospitalization rate for intentional self-harm, First Nations people living on-reserve (excluding Quebec)	136 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
	Hospitalization rate for a depressive episode, First Nations people living on-reserve (excluding Quebec)	103 per 100,000 person-years (non-institutionalized population)	StatCan, Census-Discharge Abstract Database linkage	2011-2016
Determinants of health				
Person-related factors (individual and behavioural)	% overweight (self-reported), First Nations people aged 18 and over living on-reserve	34.0%	FNIGC, RHS	2015-2016
	% obese (self-reported), First Nations people aged 18 and over living on-reserve	41.4%	FNIGC, RHS	2015-2016
	% reporting drinking 5* or more alcoholic drinks on one occasion at least once a month, First Nations people aged 18 and over living on-reserve <i>*Four or more drinks for females, and five or more drinks for males</i>	34.9%	FNIGC, RHS	2015-2016
	% reporting smoking cigarettes daily, First Nations people aged 18 and over living on-reserve	40.3%	FNIGC, RHS	2015-2016
	% reporting being physically active or moderately active in their leisure time, First Nations people aged 18 and over living on-reserve	43.4%	FNIGC, RHS	2015-2016
Social and economic factors	% who completed high school and/or post-secondary studies, First Nations people aged 25-64 living on-reserve	60.0%	StatCan, Census	2021
	Unemployment rate, First Nations people aged 25-64 living on-reserve	16.5%	StatCan, Census	2021
	Employment rate, First Nations people aged 25-64 living on-reserve	47.1%	StatCan, Census	2021
	Median individual income, First Nations people aged 15 and over living on-reserve	\$26,200	StatCan, Census	2021
Physical and environment factors	% in a food insecure household, First Nations people aged 18 and over living on-reserve	50.8%	FNIGC, RHS	2015-2016
	% in crowded homes, First Nations people living on-reserve	35.7%	StatCan, Census	2021
	% in dwellings requiring major repairs, First Nations people living on-reserve	37.3%	StatCan, Census	2021
Health system performance				
Access	% of clients who accessed at least one Non-Insured Health Benefit per year	74.4%	FNHIB, HICPS	2022-2023
	% that reported that the unavailability of a doctor or nurse was a barrier to receiving health care, First Nations people aged 18 and over living on-reserve (among those who required health care in the past 12 months)	22.6%	FNIGC, RHS	2015-2016
Effectiveness	% patients diagnosed as a new active or re-treatment case of tuberculosis (TB) who completed treatment, First Nations people living on-reserve	92.5%	PHAC, CTBRS	2017
Prevention	% up to date on measles, mumps and rubella (MMR) vaccination, First Nations children at 2 years of age living on-reserve	76.0%	FNHIB Program statistics	2018
	% that had a mammogram in the past 3 years, First Nations women aged 50-74 living on-reserve	64.1%	FNIGC, RHS	2015-2016
	% that had a pap test in the past 3 years, First Nations women aged 18 and over living on-reserve	68.5%	FNIGC, RHS	2015-2016
Water safety	% of the recommended number of sampling weeks that public water systems in First Nations communities were monitored for bacteria	69.0%	FNHIB, Environmental Public Health program statistics	2021-2022

Abbreviations: CIRNAC/ISC, Crown-Indigenous Relations and Northern Affairs Canada and Indigenous Services Canada; CTBRS, Canadian Tuberculosis Reporting System; FNHIB, First Nations and Inuit Health Branch; FNIGC, First Nations Information Governance Centre; HICPS, Health Information and Claims Processing Services System; PHAC, Public Health Agency of Canada; RHS, Regional Health Survey; StatCan, Statistics Canada

¹While most people registered under the *Indian Act* are First Nations people, a small proportion do not identify as First Nations but have status nonetheless; this includes non-First Nations women who gained status through marriage (before 1985), some non-First Nations children who gained status through adoption, and others. The *Indian Act* also does not include individuals who identify as First Nations but who are not registered.

Note:

Data for First Nations people may not be comparable with data for similar indicators in the Public Health Infobase because of different data sources and methodologies. Data in this sheet are primarily for the First Nations people living on-reserve.

The indicator measure — % of First Nations communities that are in compliance with national water monitoring guidelines — has been removed as it is no longer used by the Environmental Public Health program. Instead, please refer to the remaining water safety indicator.