

Older Adults

Available indicators



Health Status



Mortality & Life Expectancy

- Life expectancy – at age 65 (ecological level)
- Life expectancy – at age 65 (individual level)
- Health-adjusted life expectancy – at age 65 (individual level)



Morbidity & Disability

- Obesity (self-reported, aged 65+) *
- Functional health, severe or moderate functional impairment (aged 65+)
- Injury, past year (aged 65+) *
- Injury due to fall, past year (aged 65+) *
- Activity-limiting injury, past year (aged 65+) *



Mental Illness & Suicide

- Mood disorder (aged 65+) *
- Anxiety disorder (aged 65+) *
- Suicidal thoughts, lifetime (aged 65+) **
- Suicidal thoughts, last year (aged 65+) **
- Suicidal plans, lifetime (aged 65+) **
- Suicidal plans, last year (aged 65+) **
- Suicidal attempts, lifetime (aged 65+) **
- Suicidal attempts, last year (aged 65+) **



Self-assessed Physical & Mental Health

- Perceived health, excellent or very good (aged 65+) *
- Perceived health, fair or poor (aged 65+) *
- Perceived mental health, excellent or very good (aged 65+) *
- Perceived mental health, fair or poor (aged 65+) *
- Satisfaction with life in general, satisfied/satisfied (aged 65+) **
- Perceived life stress, quite a bit/extremely stressful (aged 65+) **



Disease/Health Condition

- Arthritis (aged 65+) *
- Chronic obstructive pulmonary disease (COPD) (aged 65+) *
- Cancer prevalence (aged 65+) *
- Diabetes (self-reported) (aged 65+) *
- Asthma (aged 65+) **
- Hypertension (aged 65+) **
- Heart disease (aged 65+) **
- Suffer from the effects of stroke (aged 65+) **

Health Determinants



Health Behaviours

- Alcohol use, heavy drinking (aged 65+) *
- Smoking, daily or occasionally (aged 65+) *
- Physically active (self-reported, aged 65+) *
- Fruit/vegetable consumption, 5 or more times per day (aged 65+) *



Physical & Social Environment

- Exposure to second-hand smoke at home (aged 65+) *
- Exposure to second-hand smoke in vehicles or public places, past month (aged 65+) *
- Sense of community belonging, somewhat or very strong (aged 65+) *
- Living alone (aged 65+) *



Health Care

- Contact with medical doctor, past year (aged 65+) *
- Contact with dental professional, past year (aged 65+) *
- Talked to a health professional about emotional or mental health, past year (aged 65+) *
- Have a regular health care provider (aged 65+) **
- Received at least one type of help for mental health problems (information/medication/counselling/other), past year (aged 65+) **
- Perceived need fully met for information for mental health problems, past year (aged 65+) **
- Perceived need fully met for medication for mental health problems, past year (aged 65+) **
- Perceived need fully met for counselling for mental health problems, past year (aged 65+) **
- Perceived needs all met for mental health problems, past year (aged 65+) **
- Home care services received, past year (aged 65+) **
- Home care services received satisfaction, past year (aged 65+) **

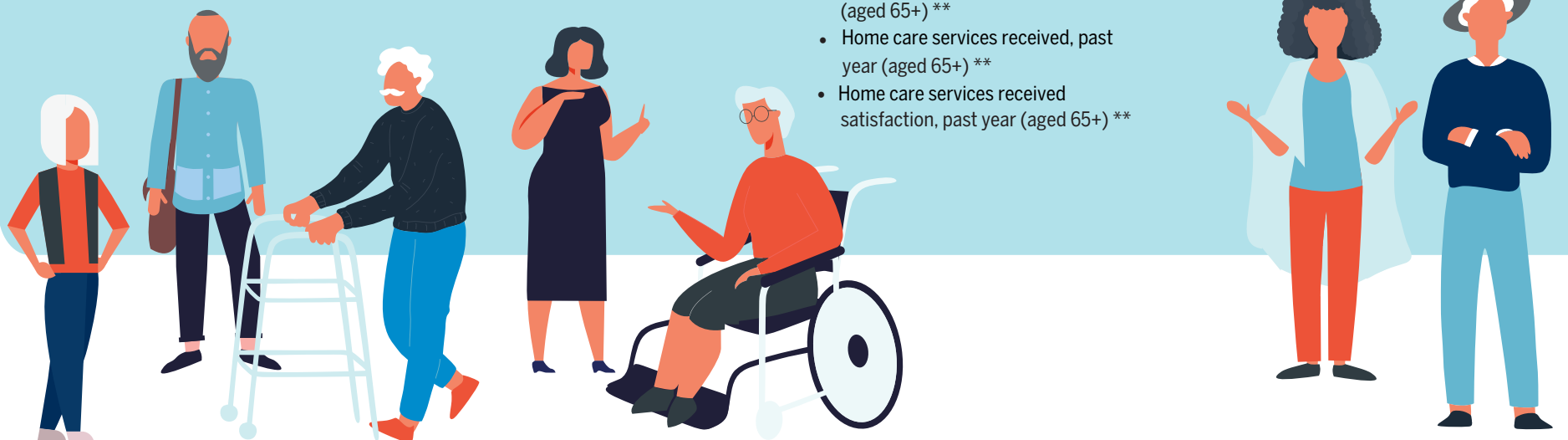


Social Inequities

- Food insecurity, moderate or severe (individuals living in households with food insecurity, aged 65+) *
- Food insecurity, marginal or moderate or severe (individuals living in households with food insecurity, aged 65+) **
- Seniors in low income families (according to market basket measure) (aged 65+) †

Legend

- * Updated indicator for 2022 edition
- ** New indicator for 2022 edition
- † Updated indicator for 2022 edition (Sept. 2023)



Citation: Pan-Canadian Health Inequalities Data Tool. A joint initiative of the Public Health Agency of Canada, the Pan-Canadian Public Health Network, Statistics Canada, and the Canadian Institute for Health Information.