

Adults

Available indicators

Health Status



Mortality & Life Expectancy

- Life expectancy – at age 18 (individual level)
- Health-adjusted life expectancy – at age 18 (individual level)



Morbidity & Disability

- Overweight (self-reported, aged 18+)
- Overweight (measured, aged 18–79)
- Obesity (self-reported, aged 18+)*
- Obesity (measured, aged 18–79)*
- Functional health, severe or moderate functional impairment (aged 18+)
- Participation and activity limitation, sometimes or often (aged 18+)
- Disability (aged 15+)*
- Activity-limiting injury, past year (aged 18+)**
- Injury due to fall, past year (aged 18+)**
- Injury, past year (aged 18+)**
- Difficulties doing activities of daily living (aged 18+)



Mental Illness & Suicide

- Mental illness hospitalization (aged 15+)
- Mood disorder (aged 18+)**
- Anxiety disorder (aged 18+)**
- Suicidal thoughts, lifetime (aged 18+)**
- Suicidal thoughts, last year (aged 18+)**
- Suicidal plans, lifetime (aged 18+)**
- Suicidal plans, last year (aged 18+)**
- Suicidal attempts, lifetime (aged 18+)**
- Suicidal attempts, last year (aged 18+)**



Self-assessed Physical & Mental Health

- Perceived health, excellent or very good (aged 18+)*
- Perceived health, fair or poor (aged 18+)*
- Perceived mental health, excellent or very good (aged 18+)*
- Perceived mental health, fair or poor (aged 18+)*
- Satisfaction with life in general, satisfied/satisfied (aged 18+)**
- Perceived life stress, quite a bit/extremely stressful (aged 18+)**
- Having an emotional, psychological or mental health condition (aged 18+)



Disease/Health Condition

- Arthritis (aged 18+)*
- Asthma (aged 18+)*
- Diabetes, including gestational (self-reported, aged 18+)*
- Diabetes, excluding gestational (self-reported, aged 18+)*
- Diabetes, excluding gestational (self-reported and measured, aged 18–79)*
- Dental pain or discomfort, past month (aged 18+)
- Inability to chew (aged 18+)
- Missing teeth (<21 teeth, aged 18–79)
- Cancer prevalence (aged 18+)**
- Hypertension (aged 18+)**
- Heart disease (aged 18+)**
- Chronic obstructive pulmonary disease (COPD) (aged 35+)**

Health Determinants



Health Behaviours

- Alcohol use, heavy drinking (aged 18+)*
- Smoking, daily or occasionally (aged 18+)*
- Breastfeeding, initiation (aged 18–55)*
- Breastfeeding, exclusive (aged 18–55)*
- Fruit/vegetable consumption, 5 or more times per day (aged 18+)*
- Physically active (self-reported, aged 18+)*
- Smoking during pregnancy (aged 18–55)
- Drinking during pregnancy (aged 18–55)



Physical & Social Environment

- Exposure to second-hand smoke at home (aged 18+)*
- Exposure to second-hand smoke in vehicles or public places, past month (aged 18+)*
- Sense of community belonging, somewhat or very strong (aged 18+)*
- Dwelling satisfaction, very satisfied or satisfied (aged 15+)**
- Neighbourhood satisfaction, very satisfied or satisfied (aged 15+)**
- Perception of neighbourhood safety (aged 15+)**
- Experience of homelessness, lifetime (aged 15+)**

- Experience of homelessness, past 10 years (aged 15+)**
- Moving in last 5 years – forced to move (aged 15+)**
- At least one neighbourhood issue reported as a big problem (aged 15+)**
- Needs not met for at least one service in the neighbourhood (aged 15+)**



Health Care

- Contact with medical doctor, past year (aged 18+)*
- Pap smear, past 3 years (aged 25–69)*
- Mammography, past 5 years (aged 50–74)*
- Colorectal cancer screening, past 5 years (aged 50–74)*
- Contact with dental professional, past year (aged 18+)*
- Absence of dental insurance (aged 18–79)
- Not seen dental professional, past year (aged 18–79)
- Dental insurance coverage (aged 18+)**
- Talked to a health professional about emotional or mental health, past year (aged 18+)**
- Have a regular health care provider (aged 18+)**
- Received at least one type of help for mental health problems (information/medication/counselling/other), past year (aged 18+)**
- Perceived need fully met for information for mental health problems, past year (aged 18+)**
- Perceived need fully met for medication for mental health problems, past year (aged 18+)**
- Perceived need fully met for counselling for mental health problems, past year (aged 18+)**
- Perceived needs all met for mental health problems, past year (aged 18+)**
- Home care services received, past year (aged 18+)**
- Home care services received satisfaction, past year (aged 18+)**



Social Protection

- Eligibility for employment insurance (aged 15–69)



Working Conditions

- Perceived work stress, quite a bit or extremely stressful, past year (aged 18–75)*



Interaction with Justice System

- Charged with crime (aged 18–24)
- Charged with crime (aged 25–89)
- Cleared of crime otherwise (aged 18–24)
- Cleared of crime otherwise (aged 25–89)
- Total Crime Severity Index (aged 18–89)
- Violent Crime Severity Index (aged 18–89)



Social Inequities

- Food insecurity, moderate or severe (individuals living in households with food insecurity, aged 18+)*
- Food insecurity, marginal or moderate or severe (individuals living in households with food insecurity, aged 18+)**
- Working poor (aged 18–64)



Socioeconomic Conditions

- Currently employed (aged 18–69)
- Currently unemployed (aged 18–69)
- Not completed high school (aged 25+)
- Completed high school (aged 25+)
- Completed university, bachelor level or higher (aged 25+)
- Completed postsecondary program of study (aged 25+)
- Low skilled occupation (aged 18–69)
- Occupational mismatch – overqualified (aged 18–69)

- Absence from work last week related to COVID-19 (aged 15-69)
- Difficulty to meet household financial needs last month during COVID-19 pandemic (aged 15-69)
- Working from home during COVID-19 pandemic (aged 15-69)
- Long-term unemployment (aged 15-69)
- Involuntary part-time work (aged 15-69)
- Union member or covered by a collective agreement (aged 15-69)
- Job tenure of less than one year (aged 15-69)
- Temporary job status (aged 15-69)
- Multiple job holder status (aged 15-69)

Legend
 * Updated indicator for 2022 edition
 ** New indicator for 2022 edition
 ◇ Updated indicator for 2022 edition (Sept. 2023)
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