

First Nations in Canada Health and Wellness Indicators, Quick Stats, 2018 Edition				
Indicator Group	Indicator Measure(s)	Latest Data	Data source	Data Year
Demographics				
Population	Population with status under the Indian Act ¹ living in First Nations communities	509,016	CIRNAC/ISC, Indian Register unadjusted counts	2017
	Population with status under the Indian Act ¹ living outside First Nations communities	478,504	CIRNAC/ISC, Indian Register unadjusted counts	2017
	% of population with status under the Indian Act ¹ living in First Nations communities under the age of 25	46%	CIRNAC/ISC, Indian Register adjusted, projected counts	2016
Vital statistics	Total fertility rate, First Nations females with status (on and off-reserve)	2.7 children	StatCan, Projections of Aboriginal Population and Households	2011
	Life expectancy at birth (projected), First Nations people (status and non-status, on and off-reserve), both sexes	77.9 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations males (status and non-status, on and off-reserve)	76.4 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), First Nations females (status and non-status, on and off-reserve)	79.3 years	StatCan, Projections of Aboriginal Population and Households	2017
	Infant mortality rate, First Nations people (status and non-status, on and off-reserve), both sexes	9.2 per 1,000 live births	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Health status and outcomes				
Health status	% reporting excellent or very good health, First Nations people aged 18 and over in First Nations communities	44.1%	FNIGC, RHS	2008/10
	% of First Nations infants (on and off reserve) born small for gestational age	5.8%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
	% of First Nations infants (on and off reserve) born large for gestational age	20.9%	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Oral health	Average number of decayed, missing and filled teeth, First Nations people aged 3-5 years in First Nations communities	7.6	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed, missing and filled teeth, First Nations people aged 6-11 years in First Nations communities	6.6	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed, missing and filled teeth, First Nations people aged 12-19 years in First Nations communities	6.2	FNIGC, First Nations Oral Health Survey	2009/10
	Average number of decayed missing and filled teeth, First Nations people aged 20 years and over in First Nations communities	13.7	FNIGC, First Nations Oral Health Survey	2009/10
Infectious disease	Rate of tuberculosis, First Nations people with status in First Nations communities	26.6 per 100,000 population (3 yr. average)	PHAC, CTBRS	2014/2016
	Rate of newly reported cases of HIV among First Nations people on and off-reserve	20.3 per 100,000 population (3 yr. average)	PHAC, Canadian HIV/AIDS Reporting System	2013/2015
Chronic disease	% reporting having been diagnosed with heart disease, First Nations people aged 18 and over in First Nations communities	4.2%	FNIGC, RHS	2015/16
	% reporting having been diagnosed with the effects of stroke, First Nations people aged 18 and over in First Nations communities	1.4%	FNIGC, RHS	2015/16
	% reporting having been diagnosed with high blood pressure, First Nations people aged 18 and over in First Nations communities	17.2%	FNIGC, RHS	2015/16
	Hospitalization rate for circulatory disease, First Nations people in First Nations communities	991 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	% reporting having been diagnosed with type 2 diabetes, First Nations people aged 18 and over in First Nations communities	12.9%	FNIGC, RHS	2008/10
	Hospitalization rate for type 2 diabetes, First Nations people in First Nations communities	366 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Injury	Hospitalization rate for unintentional injury, First Nations people in First Nations communities	836 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Mental health	Hospitalization rate for intentional self-harm, First Nations people in First Nations communities	146 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	Hospitalization rate for a depressive episode, First Nations people in First Nations communities	84 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Determinants of health				
Person-related factors (individual and behavioural)	% overweight (self-reported), First Nations people aged 18 and over in First Nations communities	34.2%	FNIGC, RHS	2008/10
	% obese (self-reported), First Nations people aged 18 and over in First Nations communities	40.2%	FNIGC, RHS	2008/10
	% reporting drinking 5 or more alcoholic drinks on one occasion at least once a month, First Nations people aged 18 and over in First Nations communities	40.5%	FNIGC, RHS	2008/10
	% reporting smoking cigarettes daily, First Nations people aged 18 and over in First Nations communities	40.3%	FNIGC, RHS	2015/16
	% reporting being physically active or moderately active in their leisure time, First Nations people aged 18 and over in First Nations communities	53.5%	FNIGC, RHS	2008/10
Social and economic factors	% who completed high school and/or post-secondary studies, First Nations people aged 25-64 in First Nations communities	56.9%	StatCan, Census	2016
	Unemployment rate, First Nations people aged 25-64 in First Nations communities	22.5%	StatCan, Census	2016
	Employment rate, First Nations people aged 25-64 in First Nations communities	46.8%	StatCan, Census	2016
	Median individual income, First Nations people aged 15 and over in First Nations communities	\$16,907	StatCan, Census	2015
	% in a food insecure household, First Nations people aged 18 and over in First Nations communities	54%	FNIGC, RHS	2008/10
Physical and environment factors	% in crowded homes, First Nations people in First Nations communities	36.8%	StatCan, Census	2016
	% in dwellings requiring major repairs, First Nations people in First Nations communities	44.1%	StatCan, Census	2016
Health system performance				
Access	% of clients who accessed at least one Non-Insured Health Benefit per year	71%	FNHIB, HICPS	2016/17
	% that reported that the unavailability of a doctor or nurse was a barrier to receiving health care, First Nations people aged 18 and over in First Nations communities	22.6%	FNIGC, RHS	2015/16
Effectiveness	% patients diagnosed as a new active or re-treatment case of tuberculosis (TB) who completed treatment, First Nations people in First Nations communities	92.9%	PHAC, CTBRS	2014
Prevention	% up to date on measles, mumps and rubella (MMR) vaccination, First Nations children at age 2 in First Nations communities	80.4%	FNHIB Program statistics	2016
	% that had a mammogram in the past 3 years, First Nations women aged 50-74 in First Nations communities	62.8%	FNIGC, RHS	2008/10
	% that had a pap test in the past three years, First Nations women aged 18 and over in First Nations communities	68.5%	FNIGC, RHS	2015/16
Water safety	% of First Nations communities that are in compliance with national water monitoring guidelines	41%	FNHIB, Environmental Public Health program statistics	2013-14
	% of the recommended number of sampling weeks that public water systems in First Nations communities were monitored for bacteria	80%	FNHIB, Environmental Public Health program statistics	2017

Abbreviations: CIRNAC/ISC, Crown-Indigenous Relations and Northern Affairs Canada and Indigenous Services Canada; CTBRS, Canadian Tuberculosis Reporting System; DAD, Discharge Abstract Database; FNHIB, First Nations and Inuit Health Branch; FNIGC, First Nations Information Governance Centre; HICPS, Health Information and Claims Processing Services System; PHAC, Public Health Agency of Canada; RHS, Regional Health Survey; StatCan, Statistics Canada

¹While most people registered under the Indian Act are First Nations people, a small proportion do not identify as First Nations but have status nonetheless; this includes non-First Nations women who gained status through marriage (before 1985), some non-First Nations children who gained status through adoption, and others. This number also excludes those who identify as First Nations but who are not registered.

Note:

Data for First Nations people may not be comparable with data for similar indicators in the Public Health Infobase because of different data sources and methodologies. Data in this sheet are primarily for the First Nations population. The terms 'on-reserve' and 'First Nations community' used interchangeably, depending on the source of the data.

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Inuit in Canada Health and Wellness Indicators, Quick Stats, 2018 edition

Indicator Group	Indicator Measure(s)	Latest Data	Data source	Data Year
Demographics				
Population	Total Inuit population in Canada	65,030	StatCan, Census	2016
	Inuit population living in Inuit Nunangat	47,330	StatCan, Census	2016
	% of Inuit living in Inuit Nunangat under the age of 25	54%	StatCan, Census	2016
	Total number of Inuit communities in Canada	51	Inuit Tapiriit Kanatami	2018
Vital statistics	Total fertility rate, Inuit females in Canada	2.8 children	StatCan, Projections of Aboriginal Population and Households	2011
	Life expectancy at birth (projected), Inuit in Canada, both sexes	72.4 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), Inuit males in Canada	70.8 years	StatCan, Projections of Aboriginal Population and Households	2017
	Life expectancy at birth (projected), Inuit females in Canada	74.0 years	StatCan, Projections of Aboriginal Population and Households	2017
	Infant mortality rate, Inuit in Canada	12.3 per 1,000 live births	StatCan, 2006 Canadian Birth-Census Cohort database	2004-2006
Health status and outcomes				
Health status	% reporting excellent or very good health, Inuit aged 18 and over living in Inuit Nunangat	37.9%	StatCan, Aboriginal Peoples Survey (APS)	2012
	% of all Inuit infants in Canada born small for gestational age	8.0%	Stat Can, 2006 Canadian Birth-Census Cohort database	2004-2006
	% of all Inuit infants in Canada born large for gestational age	15.6%	Stat Can, 2006 Canadian Birth-Census Cohort database	2004-2006
Oral health	Average number of decayed, missing and filled teeth, Inuit aged 3-5 living in Inuit Nunangat	8.2	FNIHB, IOHS	2008-09
	Average number of decayed, missing and filled teeth, Inuit aged 6-11 living in Inuit Nunangat	7.1	FNIHB, IOHS	2008-09
	Average number of decayed, missing and filled teeth, Inuit aged 12-19 living in Inuit Nunangat	9.5	FNIHB, IOHS	2008-09
	Average number of decayed missing and filled teeth, Inuit aged 20 and over living in Inuit Nunangat	16.8	FNIHB, IOHS	2008-09
Infectious disease	Rate of tuberculosis, Inuit in Inuit Nunangat	189.3 per 100,000 population (3 yr. average)	PHAC, CTBRS	2014-2016
Chronic disease	% reporting having been diagnosed with heart disease, Inuit aged 18 and over living in Inuit Nunangat	4.0%	StatCan, APS	2012
	% reporting having been diagnosed with high blood pressure, Inuit aged 18 and over living in Inuit Nunangat	11.4%	StatCan, APS	2012
	Hospitalization rate for circulatory disease, Inuit living in Inuit Nunangat	583 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	% reporting having been diagnosed with type 2 diabetes, Inuit aged 18 and over living in Inuit Nunangat	4.0%	StatCan, APS	2012
	Hospitalization rate for diabetes (all types), Inuit living in Inuit Nunangat	18 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Injury	Hospitalization rate for unintentional injury, Inuit living in Inuit Nunangat	636 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Mental health	Hospitalization rate for intentional self-harm, Inuit living in Inuit Nunangat	226 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
	Hospitalization rate for a depressive episode, Inuit living in Inuit Nunangat	159 per 100,000 population	StatCan, Census-Discharge Abstract Database linkage	2006/07 - 2008/09
Determinants of health				
Person-related factors (individual and behavioural)	% overweight (self-reported), Inuit aged 18 and over living in Inuit Nunangat	28.4%	StatCan, APS	2012
	% obese (self-reported), Inuit aged 18 and over living in Inuit Nunangat	24.1%	StatCan, APS	2012
	% reporting drinking 5 or more alcoholic drinks on one occasion at least once a month, Inuit aged 18 and over living in Inuit Nunangat	28.3%	StatCan, APS	2012
	% reporting smoking cigarettes daily, Inuit aged 18 and over living in Inuit Nunangat	64.1%	StatCan, APS	2012
Social and economic factors	% who completed high school and/or post-secondary studies, Inuit aged 25-64 living in Inuit Nunangat	47.1%	StatCan, Census	2016
	Unemployment rate, Inuit aged 25-64 living in Inuit Nunangat	23.1%	StatCan, Census	2016
	Employment rate, Inuit aged 25-64 living in Inuit Nunangat	56.1%	StatCan, Census	2016
	Median individual income, Inuit aged 15 and over living in Inuit Nunangat	\$23,485	StatCan, Census	2015
Physical environment	% in crowded homes, Inuit living in Inuit Nunangat	51.7%	StatCan, Census	2016
	% in dwellings requiring major repairs, Inuit living in Inuit Nunangat	31.5%	StatCan, Census	2016
Health system performance				
Access	% who saw or spoke on the phone with a family physician or nurse in the last year, Inuit aged 18 and over living in Inuit Nunangat	66.5%	StatCan, APS	2012
	% who saw a dental professional in the last year, Inuit aged 18 and over living in Inuit Nunangat	51.1%	StatCan, APS	2012
Effectiveness	% Inuit patients in Canada diagnosed as a new active or re-treatment case of tuberculosis (TB) who completed treatment	93.4%	PHAC, CTBRS	2014

Abbreviations: APS, Aboriginal Peoples Survey; CTBRS, Canadian Tuberculosis Reporting System; DAD, Discharge Abstract Database; FNIHB, First Nations and Inuit Health Branch; IOHS, Inuit Oral Health Survey; PHAC, Public Health Agency of Canada; Stat Can, Statistics Canada

Note:

Data for Inuit may not be comparable with data for similar indicators in the Public Health Infobase because of different data sources and methodologies. Data in this sheet are primarily for Inuit living in Inuit Nunangat.

Inuit Nunangat includes the Inuvialuit Settlement Region in the Northwest Territories, the territory of Nunavut, Nunavik in northern Quebec and Nunatsiavut in northern Labrador.

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